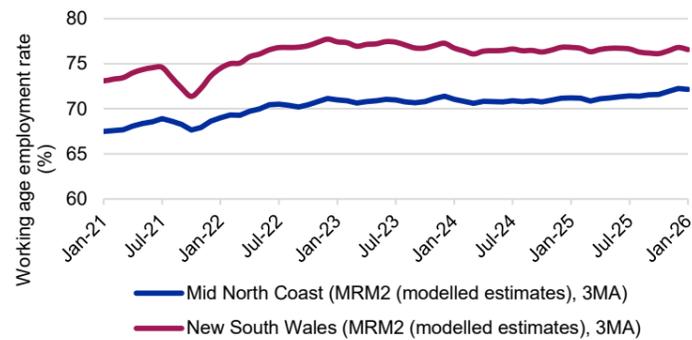


This Labour Market Dashboard provides key indicators for the labour market by Employment Region and is updated monthly.

	Labour market summary table										
	Working age employment rate*		Unemployment			Unemployment rate		Working age participation rate*		Youth unemployment rate*	
	Jan-26 (%)	Jan-25 (%)	Jan-26 (000)	Jan-25 (000)	Change (%)	Jan-26 (%)	Jan-25 (%)	Jan-26 (%)	Jan-25 (%)	Jan-26 (%)	Jan-25 (%)
Mid North Coast	72.1	71.2	7.2	7.2	-0.1	4.2	4.2	75.5	74.5	10.2	9.7
New South Wales	76.6	76.8	193.6	189.3	2.3	4.1	4.0	79.8	80.0	9.4	9.0
Australia	77.2	77.5	624.7	625.1	-0.1	4.1	4.1	80.5	80.9	9.5	9.1

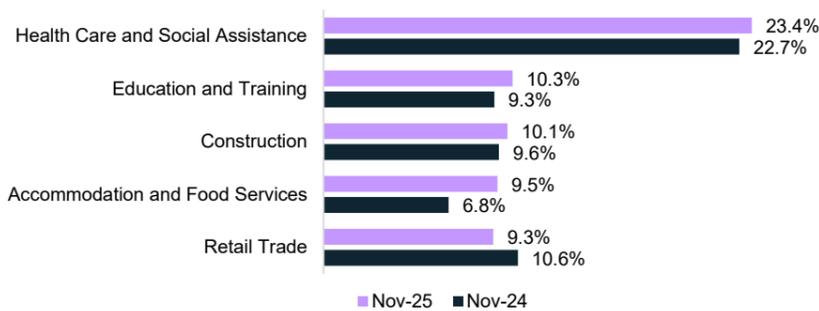
Source: ABS, Labour Force Survey, Detailed, seasonally adjusted data & MRM2 (modelled estimates), 3MA (month average) of estimates, January 2026, with the exception of youth unemployment rate which uses MRM2 12MA and seasonally adjusted data.

Working age employment rate (%)



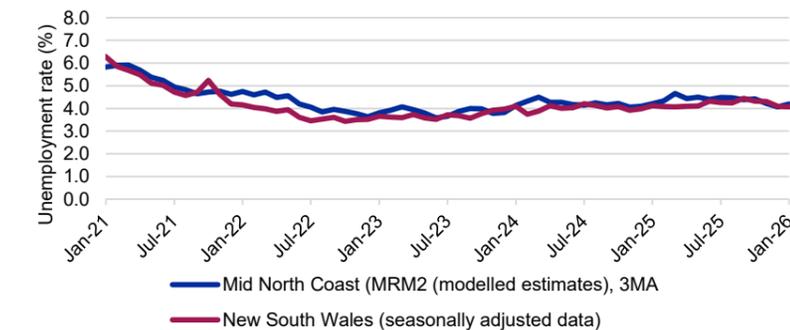
Source: ABS, Labour Force Survey, MRM2 (modelled estimates), 3MA, January 2026

Largest employing industries



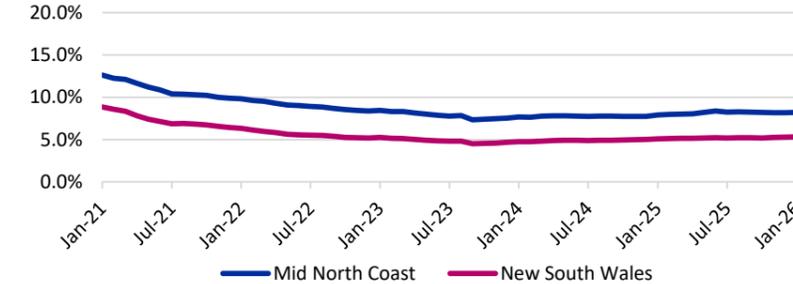
Source: ABS, Labour Force Survey, Detailed, four quarter averages, November-25 quarter#

Unemployment rate



Source: ABS, Labour Force Survey, seasonally adjusted data & MRM2 (3MA), January 2026

Job seeker income support payments*



Change in job seeker income support payments

	Mid North Coast	New South Wales
Payments - January 2025	16,655	272,905
Payments - January 2026	17,290	288,260
Change from January 2025 to January 2026	↑ 635	↑ 15,355
	↑ 3.8%	↑ 5.6%

% of 15-64 year olds** on job seeker income support payments

	total persons on job seeker income support	% of 15-64 year olds on job seeker income support
Mid North Coast	17,290	8.2%
New South Wales	288,260	5.3%
Australia	1,018,495	5.7%

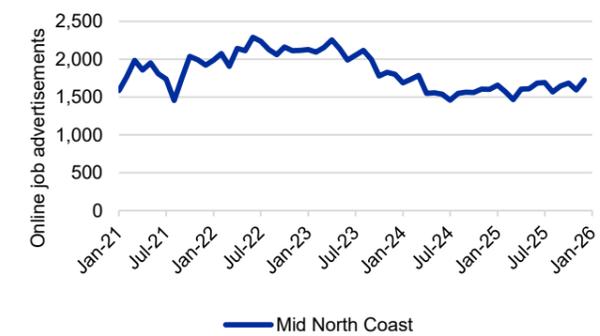
Source: Department of Social Services, JobSeeker and Youth Allowance (other) payment recipients, January 2026; ABS, Labour Force Survey, MRM2, 3MA, January 2026

LGA's with highest unemployment rates (%)

Local Government Area (LGA)	Sep-25	Sep-24
Kempsey	6.0	5.1
Nambucca Valley	5.8	5.2
Bellingen	5.1	3.4
Mid-Coast	4.8	3.8
Port Macquarie-Hastings	3.0	2.4

For more insights, access SALM data via dewr.gov.au. Source: Department of Employment and Workplace Relations, Small Area Labour Markets, smoothed data, September-25 quarter

Online job advertisements



Source: Jobs and Skills Australia, Internet Vacancy Index, seasonally adjusted data, January 2026

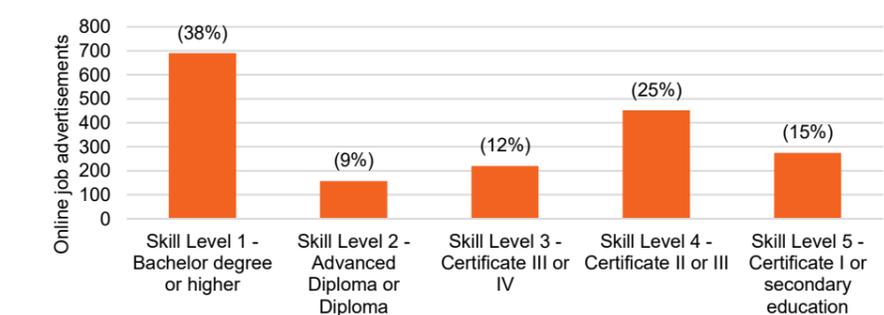
Number of job ads
1,781
Change over the month
3.2%
(54 job advertisements)
Annual change
7.5%
(124 job advertisements)

Online job advertisements by occupation



Source: Jobs and Skills Australia, Internet Vacancy Index, 3MA of original data, January 2026

Online job advertisements by skill level



Source: Jobs and Skills Australia, Internet Vacancy Index, seasonally adjusted data, January 2026

Note: Data are not readily available by Employment Region. ABS modelled estimates are based on the Coffs Harbour - Grafton; and Mid North Coast SA4. The Internet Vacancy Index (IVI) and income support data are apportioned to Employment Regions using an SA2 based concordance. *Job seeker payments include those who are in receipt of either JobSeeker (aged 22 and over but under the Age Pension qualifying age) or Youth Allowance (other) payments (those aged 16 to 21). The reporting population for income support payments has changed to include those who are suspended from payment, and those who are current but on zero rate of payment for JobSeeker payments and those who are suspended from payment for Youth Allowance. Note that not everyone in receipt of income support is on the caseload. Data are published on data.gov.au.

#Given the volatility of the underlying data, industry employment proportions should be treated with a high degree of caution, particularly change over the year figures.